



Wilbarston CEVC Primary School

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Headteacher - Mrs Andrea Green BA (Hons) PGCE NPQH

Dear Parents and Carers,

There has recently been a case of head lice identified at the school and we wanted to make sure you were kept informed. While lice are nothing more than a nuisance, it is important that children are checked on a weekly basis so that any head lice can be dealt with quickly and before they are allowed to spread too far.

As there has been an outbreak, we suggest that you check your child's head as soon as possible. Follow the simple **CHECK, TREAT, COMPLETE** routine below to ensure you are doing your bit to keep head lice outbreaks to a minimum.

CHECK

- Your child's hair once a week.
- Use a proper detection comb with teeth no more than 0.3 mm apart to trap head lice so they can easily be seen.
- If you find live lice, consult a pharmacy for treatment advice.
- If head lice are spotted, take a close look at all the family, including yourself and ask close family and friends to check as well.

TREAT

- Only treat if live lice are identified.
- Use a clinically proven treatment, ideally with a *physical mode of action* to which lice are very unlikely to build up a resistance.
- Leave the treatment on for the recommended time for maximum effect
- leaving it on for longer will not make it more effective.

COMPLETE

- Repeat the treatment for a second time seven days after the first to kill any lice that may hatch from eggs during that time if the pack instructions specify that a second application is required.
- Check that all head lice have gone within two to three days of the final application of head lice treatment to complete the process.

For further information on head lice see your pharmacist or visit www.onceaweektakeapeek.com.

Thank you

Wilbarston



